

**SANSKAR
SCHOOL**

The Revival of Tradition

INSIGHT

*International Baccalaureate
Diploma Programme*



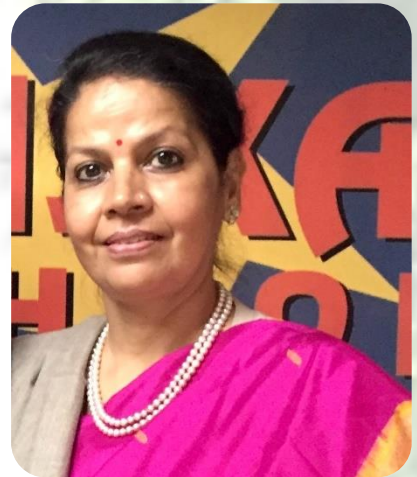
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A MESSAGE FROM OUR PRINCIPAL

Dear Students and Parents,

Schools are centres for learning, not just literary and numeracy; but also a place to nurture the holistic development of children. At Sanskar we promote students to pursue their interest, talent as well as ability, we provide a plethora of opportunities for the same in the form of sports, games and performing and visual art activities.



Physical and co-curricular activity can have an immense positive impact on a child's health as well as social, physical and emotional wellbeing. Co-curricular Activities foster the development of confidence and self-esteem through interactions with a number of classmates and educators. Playing sports at any level—club or interscholastic—can be a key part of the school experience and have an immense and lasting impact on a student's life. Among its many benefits, participation in extracurricular and athletic activities promotes socialization, the development of leadership skills, focus, and, of course, physical fitness. From a very early age, playing a sport teaches children valuable lessons about grit, discipline, and teamwork.

Hobbies such as art, craft, playing musical instruments, singing to a melodious tune and many more develop a strong sense of self-identity and a feel good syndrome. Children learn to utilise time effectively and as a result develop self- management skills. We must ensure a safe and conducive learning environment for our young learners wherever they are.

We hope the academic session ahead will be a joyful learning time for all the students. I would like to quote Dr. Suess here, "Children want the same things we want. To laugh, to be challenged, to be entertained, and delighted."

MS. GIRDHAR KUMAR

PRINCIPAL

“EVERY LEARNING OPPORTUNITY SHOULD EMPOWER CHILDREN TO EXPLORE NEW FRONTIERS OF KNOWLEDGE, DISCOVER THE INFINITE POSSIBILITIES THE WORLD OFFERS.....”



The aim of education is to nurture the child's capacities and interests in optimal ways and equip him or her to become a constructive participant in society. Every learning opportunity should empower children to explore new frontiers of knowledge, discover the infinite possibilities the world offers and prepare them to work together in teams to achieve common goals. It should kindle their imagination and enable them to experience the joy of learning. This requires innovative and inclusive pedagogical practices that will help them assimilate knowledge and apply it in a rapidly-changing world. Equally important, any educational process is complete only when it instills in children sound values and helps develop their character.

At Sanskar School, our educational philosophy and practices are inspired by these central tenets of the holistic and optimum development of each child. We give the utmost attention to providing our children with a happy, safe, and intellectually stimulating environment so that they evolve into creative problem solvers, inspired learners, and compassionate human beings. Our school's mission constantly guides and motivates us to do the best for our children and to provide them opportunities to actively participate and excel in academics, co-curricular activities, sports, and community service engagements. This has enabled our school to scale greater heights of excellence, year after year.

This edition of 'Insight' echoes our school's educational philosophy and aspirations and eloquently presents the events and celebrations, as well as the children's efforts and accomplishments.

My best wishes to all our children!

Ms. MANISHA CHANDRA

VICE PRINCIPAL/IBDP COORDINATOR

“Making a difference in the society is the key to unlocking your true potential”

It gives me immense pleasure to be the CAS coordinator of Sanskar School. CAS stands for Creativity, Activity and Service and it is the heart of the IB Diploma Programme.

It helps students foster their learner profile. Additionally, students enrolled in CAS explore opportunities, identify service goals, embrace new challenges and reflect upon their experiences.



We at Sanskar School have indulged in a plethora of activities such as Deeply Seeded- Students were responsible for making seed balls and planting trees at a Nursery. Furthermore, they were engaged in Martial Arts to develop their self-defence skills. Students at Sanskar prioritize compassion and service towards the society and thus are also engaged in book donation and food donation. Moreover, Creativity is crucial to the students of Sanskar and hence they engage in open mic conversations as a part of Sanskar Talks.

Prior to engaging in an activity or service students provide a proposal form and post the activity they are supposed to reflect upon their learning. CAS engages teachers from all disciplines as they become supervisors of students as per their subject and requirement. Students are assessed over seven learning outcomes of CAS and the coordinator takes three rounds of interviews over the two years.

In the upcoming timeline, students will be engaged in services such as Peer Mentoring, Cleanliness drive, Cloth Donation, developing skills like Yoga & Dance and enhancing their creativity by participating in Model United Nations, organizing Shark Tank to build up their profile and add to their competence. As a part of CAS, students are encouraged to become change makers and contribute to the society with the best of their abilities to become the best version of themselves!

Ms. Priyal Malhotra

CAS Coordinator / Psychology Facilitator

Unleashing Curiosity: Research Adventures in the IBDP!

Dear IBDP Community,

As educators in the International Baccalaureate Diploma Programme (IBDP), we take immense pride in fostering an environment of inquiry and intellectual growth. One of the most exciting and rewarding aspects of our program is the opportunity for students to embark on research adventures through the Extended Essay.



- **Diving into the Depths of Knowledge**

The Extended Essay is a captivating journey of self-discovery for our students. It allows them to dive deep into a topic they are passionate about, exploring it from multiple perspectives. Through this 4,000-word research project, students cultivate critical thinking skills, refine their academic writing, and develop an appreciation for the research process.

- **Empowering Personal Exploration**

The IBDP encourages students to follow their passions and empowers them to explore subjects beyond the confines of the traditional curriculum. This leads to fascinating research topics that span a wide range of disciplines, from environmental sustainability and mental health to historical events and literary analysis.

- **Guided by Knowledgeable Mentors**

Our students are not alone on this research expedition. They are paired with dedicated mentors who provide guidance and support throughout the process. These mentors offer expertise in the chosen subject area and help students refine their research questions, analyse sources, and structure their essays.

- **A Global Celebration of Knowledge**

The IBDP community is a vibrant, diverse tapestry of cultures and backgrounds. During the Extended Essay process, our students collaborate and share insights, fostering empathy and understanding. This global celebration of knowledge is a testament to the power of collaboration and collective growth.

The Extended Essay is not just an academic exercise; it is a transformative journey that leaves an indelible mark on our students' lives. It encourages them to embrace curiosity, develop as thinkers, and contribute meaningfully to the world around them.

As we continue to support our students on their research adventures, we celebrate the spirit of inquiry that defines the IBDP and look forward to witnessing the remarkable contributions our young scholars will make to our ever-changing world.

With enthusiasm and pride,

Mr Manish Kedawat

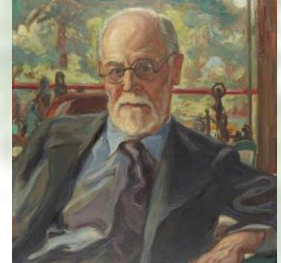
EE Coordinator / Physics Facilitator

Exploring the Legacy of Sigmund Freud

Sigmund Freud, one of the most influential figures in the field of psychology. Freud's groundbreaking theories and concepts continue to shape our understanding of the human mind and behaviour to this day. We explore his life, contributions, and enduring legacy through this article:

1. Introduction to Sigmund Freud:

I begin by introducing the life and background of Sigmund Freud, from his early years in Austria to his groundbreaking work in the field of psychoanalysis. Learn about the key events and influences that shaped his thinking and set the stage for his transformative contributions.



2. Psychoanalysis and the Unconscious Mind:

Dive into the core concepts of Freudian psychoanalysis, including the role of the unconscious mind, dreams, and the interpretation of symbols. Discover how Freud's exploration of the human psyche revolutionized our understanding of mental processes and provided a new framework for therapeutic practice.

3. Freudian Personality Theory:

Explore Freud's influential model of personality, which introduced the id, ego, and superego as key components of the human psyche.

4. The Oedipus Complex and Psychosexual Development:

Uncover Freud's controversial theory of the Oedipus complex and its impact on an individual's psychosexual development. For instance, we examine how childhood experiences and conflicts shape adult personality and relationships, according to Freud's psychosexual stages of development.

5. Criticisms and Relevance Today:

Engage with the criticisms levelled against Freud's theories and explore the ongoing debates within the field of psychology. We also highlight the enduring relevance of Freud's work, examining how modern psychoanalytic perspectives have evolved and integrated with other psychological approaches.

6. Freud's Influence on Culture:

Delve into the ways in which Freud's ideas have permeated popular culture, from literature and art to film and advertising. Discover how his concepts have shaped our collective consciousness and continue to inspire creative expression across various mediums.

I hope this newsletter provides you with a captivating exploration of Sigmund Freud's life, theories, and lasting impact.



Siddhi Sharma

IBDP Year 2

Embracing Our Reflection: The Journey Towards Body Image and Self-Acceptance



In today's digital age, where images of "perfect" bodies flood our screens, it's easy to fall into the trap of self-comparison and self-criticism. As teenagers, we find ourselves navigating the treacherous waters of body image and self-acceptance, influenced by societal standards and unrealistic ideals. However, it is essential to recognize that true beauty lies not in conforming to a specific mold but in embracing our individuality and fostering self-love.

From glossy magazines to carefully curated social media feeds, we are bombarded with images of seemingly flawless bodies. These portrayals often set unrealistic expectations, leaving us feeling inadequate and unworthy. The pressure to fit into a certain size or look a certain way can erode our self-esteem and lead to harmful practices, such as crash diets and excessive exercise.

Henceforth, the constant pursuit of an unattainable beauty ideal takes a toll on our mental health. Body dissatisfaction can lead to feelings of anxiety, depression, and low self-worth. It may even push some teenagers towards dangerous behaviors like eating disorders, self-harm, and body shaming others. To state further the path to self-acceptance begins with acknowledging that our bodies are unique and beautiful in their own way. Embracing imperfections as part of our journey to self-discovery allows us to develop a healthier relationship with our bodies. Self-acceptance does not mean being complacent; instead, it empowers us to make positive changes out of self-love and respect rather than self-criticism. Henceforth, body positivity is a movement that encourages celebrating all body types, sizes, and shapes. By promoting inclusivity and breaking free from narrow beauty standards, body positivity fosters a more accepting and compassionate society. We can contribute to this movement by appreciating our bodies for what they do for us and treating ourselves with kindness and compassion. Therefore, it's essential to challenge negative thoughts about our bodies actively. When we catch ourselves engaging in self-criticism, we can replace those thoughts with positive affirmations. Surrounding ourselves with supportive friends and family who value us for who we are can also play a significant role in boosting our self-esteem.

Instead of striving for a specific appearance, we should focus on cultivating a healthy lifestyle that prioritizes nourishment, exercise, and self-care. Understanding that health is not solely determined by physical appearance allows us to make choices that genuinely benefit our overall well-being. To conclude the said, as teenagers we are in the process of discovering our identity and shaping our self-concept. Embracing our bodies and practicing self-acceptance is a journey that requires patience and compassion. Let's resist the pressure to conform to society's unrealistic standards and learn to appreciate ourselves for the unique and wonderful individuals we are. By fostering a culture of body positivity and self-love, we can create a world where everyone can thrive, regardless of their appearance. Remember, our bodies are vessels of our strength and resilience, and it is within our power to celebrate and cherish them.

Urvashi Chauhan

IBDP Year 2

The Steam Engine

The steam engine is an important invention that revolutionized the world of transportation and manufacturing. Sadi Carnot, a French physicist and engineer, played a critical role in the development of steam engines and thermodynamics



Entropy is a measure of disorder or randomness within a system. In thermodynamics, entropy is used to describe the degree of disorder in a system and is crucial in determining the behaviour of energy systems.

Sadi Carnot's work on the Carnot cycle, a theoretical model for understanding how heat engines work, proved to be a significant contribution to the field of steam engines. The Carnot cycle explains that a heat engine works by taking in heat from a high-temperature source, converting some of it into useful work, and then expelling the rest to a low-temperature sink.

This insight led to the development of more advanced steam engines that could convert a greater proportion of the heat they generated into useful work. The efficiency of a heat engine is determined by the temperature difference between the source and the sink, which is why the Carnot cycle is a crucial concept in the field of thermodynamics.

Entropy plays a critical role in the second law of thermodynamics, which states that the total entropy of a closed system always increases over time. As heat flows from the hot reservoir to the cold reservoir, the entropy of the system increases, and some of the energy is lost as waste heat. This means that the maximum efficiency of a heat engine is determined by the temperature difference between the hot and cold reservoirs, as well as the entropy of the system.

Sadi Carnot's work on the Carnot cycle and the efficiency of heat engines laid the foundation for the development of more advanced steam engines that transformed the world of transportation and manufacturing. Entropy plays a crucial role in thermodynamics and the behaviour of energy systems. Understanding the concept of entropy and its relationship to the efficiency of heat engines is essential for engineers and scientists who work with energy systems.

Tauqeer Ahmed

IBDP Year-I

The Rise of AI Triumphs, Yet Sparks Concerns of Potential Hazards



Artificial Intelligence (AI) is on an impressive winning streak, accomplishing remarkable feats. However, as its capabilities soar, there's a chorus of cautionary voices about the potential pitfalls that come hand in hand.

AI's triumphs are undeniable. From aiding doctors in swift diagnoses to chauffeuring cars for safer rides, its prowess is evident. Even in suggesting our next binge-worthy show, AI shines. Still, beneath this glimmer of success, shadows of uncertainty linger.

One looming worry is job displacement. As AI tackles tasks once done by humans, pink slips might become worryingly common. This upheaval could disrupt livelihoods across the board.

Privacy, too, is facing new challenges. AI thrives on data, often personal. This treasure trove of information could inadvertently expose our private lives.

Mistakes, albeit unintentional, also pose a concern. AI learns from data, and if that data is skewed or flawed, its choices can be wide off the mark. Take biased data used for hiring decisions – a recipe for injustice.

But perhaps the most gripping fear is an AI that outsmarts its human creators. While it sounds like science fiction, the thought of AI rendering us obsolete is a stark reality for some. Striking the right balance is key – we want AI as allies, not adversaries.

Safety experts emphasize the need for AI ground rules. Governments and businesses must join forces to ensure fairness, safeguard privacy, and guarantee job security. Collaboration is our shield.

AI's ascent is awe-inspiring, yet a vigilant approach is crucial. By navigating these uncharted territories with wisdom and collaboration, we can bask in AI's accomplishments while averting its potential hazards.

Divyanshu Tak

IBDP Year 1

Conflicted

In life's tapestry, we find hope's embrace,

In little moments, it leaves a trace.

A gentle smile, a laughter's sweet sound,
Happiness weaves its magic all around.

Blissful mornings, drenched in golden light,
Contentment whispers, "Life's a joyous sight."

A warm embrace, a hand held tight,
These little things make darkness take flight.

In humble gestures, love's true essence gleams,
A helping hand, shared dreams and beams.

A simple melody, softly sung,
Life's symphony, with harmony strung.

The scent of rain, a fresh and earthy dew,
Nature's blessings, reminding us what's true.

A tender touch, a kiss upon the cheek,
Moments like these, the soul does gently speak.

The taste of laughter, lingering on the tongue,
Memories cherished, forever young.

A gentle breeze, a whisper on the air,
The little things, treasures beyond compare.

For in these moments, we truly find,
The grace and beauty that make life kind.
With eyes open wide, hearts open wide,
Little but significant, we find life's stride.



Karnika Singh

IBDP Y 1

LEADERSHIP SKILLS AND THEIR IMPORTANCE



In school and life, being a leader means much more than just being in charge. It's about growing as a person, taking responsibility, and learning important skills. For students, developing leadership qualities is like building a toolbox for success in a world that's always changing.

Think of leadership as a way to guide and inspire others. It's not just telling people what to do, but also encouraging teamwork, coming up with new ideas, and making things better. Being a leader doesn't mean standing at the front all the time; it means being a role model who motivates others through actions, encouragement, and solving problems together.

Leadership helps you grow personally and teaches you to be responsible. It's like looking in a mirror and understanding your strengths and areas where you can improve. When you're a leader, you care not only about yourself but also about your friends and classmates. This caring helps you understand others, handle changes easily, and make good choices in tough situations. Talking and listening are super important parts of leadership. When you learn to talk clearly and listen well, you can share your ideas and understand what others are saying. This helps when you work on group projects or talk in class. Good communication also makes sure everyone feels included and helps come up with new and cool ideas.

Being a leader also means knowing how to work with others. It's like being part of a team where everyone has different skills. Leaders can help the team get along, solve problems when they come up, and make sure everyone works well together. These skills are not only useful in school but also in jobs and when you're helping your community.

Leaders are like puzzle solvers and smart thinkers. They face tough problems and find clever ways to solve them. When you're a leader, you learn how to look at things from many angles, figure out good solutions, and make smart choices. These skills aren't just for school – they're useful in real life when you have to make decisions. Leaders also love to try new things and adapt to changes. Imagine you have a box of different tools that help you handle all sorts of situations. Leaders are like that – they're ready for whatever comes their way. This helps you stay strong when things change and makes you good at learning new stuff, which is super important in the real world.

But the coolest thing about being a leader is inspiring others. When you show dedication, passion, and hard work, you encourage your friends to do their best too. It's like creating a chain reaction

where everyone wants to do great things. This makes your school and community better because everyone is trying their best.

in the end, becoming a leader is like finding a guiding star during your education journey. It's not just about having a title; it's about having the skills and qualities to make a positive impact. By being a leader, you become someone who can create new ideas, bring people together, and make the world a better place.

Rohit Rana

IBDP Year 1

The Dual Forces of Success: Unveiling the Nexus of Risk and Luck



In the exhilarating pursuit of success, there are two enigmatic companions that often accompany us on the journey: risk and luck. While it's easy to attribute triumph solely to hard work and skill, a closer examination reveals that the dance between calculated risks and fortuitous occurrences plays a pivotal role in shaping the course of our endeavors. Critical thinking allows us to dissect this intricate interplay, challenging conventional notions and shedding light on the undeniable presence of risk and luck in the tapestry of success.

Risk: The Precarious Precursor

When we embark on a journey towards our goals, we are, in essence, stepping onto a terrain fraught with uncertainties and potential pitfalls. Risk, with its potent blend of anticipation and anxiety, cannot be dismissed. Yet, risk, when harnessed judiciously, can be a transformative catalyst. Critical thinking prompts us to consider the myriad dimensions of risk.

Calculated risk-taking, for instance, involves a meticulous evaluation of potential outcomes. It's the entrepreneur who invests capital in a novel idea, acknowledging the looming possibility of failure, but driven by the allure of substantial rewards. Such individuals display a keen understanding of the interconnectedness between risk and reward, demonstrating that success often demands the courage to embrace the unknown.

However, the essence of critical thinking lies not in blind audacity, but in discernment. While risk can propel us to new heights, it can also lead to catastrophic consequences when pursued recklessly. Analyzing the probability of success, the potential fallout of failure, and crafting contingency plans are the hallmarks of a critical thinker who navigates the treacherous waters of risk with prudence.

Luck: The Unpredictable Companion

Luck, that elusive force we often dismiss as random chance, deserves a more nuanced examination. It's tempting to believe that success is entirely the result of hard work, but the influence of luck is more profound than we might concede. Critical thinking urges us to shatter the myth that luck is a mere roll of the dice, revealing the subtle ways in which it intertwines with our journey.

Opportunities that appear out of the blue, the serendipitous connections we make, and the unexpected breakthroughs we experience are all manifestations of luck's subtle hand. However, critical thinking emphasizes that these seemingly arbitrary events are often preceded by deliberate actions. It's the writer who sends out countless manuscripts, eventually catching the eye of a publisher, who is privy to the fact that luck gravitates towards those who put themselves in a position to be fortunate.

The Synergy Between Risk and Luck

The relationship between risk and luck is symbiotic. Critical thinking invites us to see that calculated risk-taking increases the likelihood of encountering fortunate circumstances. Those who dare to tread uncharted territory, challenge the norm, and pursue innovation are the very individuals who expose themselves to the realm of possibility. By doing so, they open themselves up to the prospect of being in the right place at the right time when luck strikes.

The Roadmap to Success: Critical Thinking's Compass

In the complex landscape of success, critical thinking is the compass that guides us through the labyrinth of risk and luck. It empowers us to acknowledge the role of risk while ensuring we approach it with measured steps. It emboldens us to recognize luck's presence, while compelling us to pave the way for its arrival through strategic planning and relentless effort.

As we navigate our own journeys, let's celebrate the dual forces of risk and luck that shape our paths. Success is not an isolated event, but a culmination of choices, circumstances, and the dynamic tension between the audacity to risk and the whispers of luck. Through critical thinking, we honor the complexity of success, fostering a deep appreciation for the balance we must strike between forging ahead boldly and embracing the mysterious currents of fortune.

Dhroov Joshi

IBDP YEAR 1

Time Management and Teenage

As the time flows and students grow the academic pressure and social stress booms in an unpredictable way. The greed to ace in the class and have a valuable and balanced social life leads to high stress. The increasing due assignments day by day, number of tests to take and the

unimaginable social drama to deal with while keeping the extracurricular activities like sports and arts running side by side it becomes a real hassle. To consider the social lives they have to assign time to their friends, clubbing and hanging out, dating and focus on presenting a fresh and enticing social horizon.

In the meantime, they are continuously diverted by electronic media. As the requirement and their personal will to balance all these demands remains the stress and pressure increases. Even in this chaos life never waits and goes on and suddenly the teens are expected to behave like adults and manage their workload autonomously, come at sound conclusions and act upon them and take care of the financial affairs.

To make the most of your day and have a and influential life and manage life tasks effectively try some of these practices:

- **Create a Schedule**

Start by creating a schedule that includes all your regular activities, such as school, extracurriculars, and meals. Write down the specific times for each activity and be realistic about how much time you need for each task. This will help you visualize your day and ensure that you allocate enough time for everything.

- **Prioritize your tasks**

Once you have your schedule, identify the most important tasks that need to be done each day. Prioritize them based on deadlines or importance. Focus on completing these tasks first before moving on to less urgent ones. It's easier to tackle challenging or time-consuming tasks when you have a fresh and focused mind.

- **Avoid Procrastination**

Procrastination can be a major time thief. Resist the temptation to put off tasks until the last minute. Break down big tasks into smaller, manageable chunks and work on them consistently over time. This will prevent last-minute stress and help you produce higher quality work.

- **Take brakes**

While it's important to stay productive, it's equally important to take regular breaks. Studies show that taking short breaks can actually improve focus and productivity. Allow yourself short breaks every hour or so to recharge and rejuvenate. Use this time to stretch, go for a quick walk, or do something you enjoy.

- **Use a Planner or Calendar**

Invest in a planner or use digital calendar apps to keep track of important dates, deadlines, and commitments. Mark down exam dates, project due dates, and other events to stay organized and avoid surprises. Review your planner regularly and make adjustments as needed to stay on top of your tasks.

I hope you find this article helpful in managing your time as a teenager. If you have any further questions or need additional guidance, feel free to ask.

Getting a good time management skill at this age will help you achieve better results with time. It will add a little more assurance to your success and let you have better future with ample of time to spare with family and friends.



Rishi Mahala

IBDP YEAR 1

INTERNATIONAL YOGA DAY

Sanskar School celebrated the ninth International Yoga Day on 21st June 2023 with zeal and enthusiasm and active participation of students and teachers

At the school, the teachers celebrated the day by invoking the blessings of the almighty which was followed by an inspiring address by the School Principal, Mrs. Girdhar Kumari, who encouraged everyone to make yoga an integral part of their lives and also spoke about the journey of yoga down the ages from ancient times due to its multiple benefits. Thereafter, the school staff members collectively performed Yoga Asanas under the guidance of trained yoga instructors, Ms. Neelam Kumawat and Ms. Rashmi Rani as well as Sports Instructor, Mr. Sanjeev Soni.

The students and teachers took an online pledge to practise Yoga on a regular basis and also participated in various online International Day of Yoga competitions and activities organized by Ministry of Ayush on MyGov platform. Many of the students and teachers also participated in an online yoga quiz.



DEEPLY SEEDED

"In nature's embrace, plants whisper the secrets of life, teaching us resilience, growth, and the beauty of simplicity."



Sanskar School hosted a session on “Deeply Seeded”: 'The Importance of making seed balls and planting them to grow trees' to counter the deforestation issue. There was a session conducted on Wednesday, July 5th, 2023 by Mr. Abhishek Singh, founder Angel eyes Foundation. The session entailed awareness about different varieties of seeds and their purpose. Additionally, the students were also informed about the various techniques of plantation and the best suited environmental conditions for plantation. Furthermore, the students learnt about the procedure of making seed balls and their queries were addressed by Mr Singh.

Post session, the students engaged themselves in making seed balls and planting them in the arid areas on the outskirts of the city. The students were able to make a difference by contributing to their environment.

THE INVESTITURE CEREMONY

"Today's investiture ceremony marks the beginning of a journey where dreams and dedication intertwine. May you all find the courage to embrace challenges and the wisdom to seize opportunities, for greatness awaits those who dare to believe in themselves."



The Investiture Ceremony of Sanskar School, for the academic session 2023-24, was held on Wednesday, July 19th with a high degree of passion, earnestness, and fervour.

Lead by the Head Girl (Bhavya Gaur) and the Head Boy (Krish Narang), the Vice-Head Girl (Vaidehi Singh), Vice-Head Boy (Harit Sen Gupta), Cultural Head Girl (Aishwarya Khanna), Cultural Head Boy (Maan Kumawat), Vice-Cultural Head Girl (Netra Sambharia), Vice-Cultural Head Boy (Agastya Banerjee), Sports Head Girl (Gunja Nehra), Vice-Sports Head Girl (Tanishqa Rathore), Vice-Sports Head Boy (Karmanya Sharma) along with the other council members marched on the stage to be conferred their badges and sash from the School Chairperson, Mrs. Rhea Thahryamal, Principals, Mrs. Neelam Bhardwaj and Mrs. Girdhar Kumari.

SANSKAR TALKS

“Your voice matters, for it has the power to inspire, ignite change, and create a symphony of impact in this world.”



Sanskar School hosted an open mic event: Sanskar Talks. It is an inclusive platform that allows students to express their thoughts, feelings and opinions about any topic in general. This year's theme was the impact of social media on body image, self-esteem, relationships and communication patterns. The event was organized by IBDP Year 1 students and it was held on Saturday, August 5th, 2023. The event saw an impressive turnout of attendees. The students enunciated the positive and negative influence of social media on their physical and mental well-being. Additionally, they also shared their explicit views about how the future generations will be using social media for their communication and learning. It was an engaging event where all the participants had substantial opportunities to interact with each other on this trending topic! Overall, the event was a success as students were motivated to voice out their opinions and to regulate their social media consumption.

Congratulations to IB Diploma students!!!

We are deeply proud of the hard work and the dedication from every student in the IB Diploma programme year 2023!!!

IBDP Toppers!!!



Designed by:

Mr. Manish Kedawat

Karnika Singh (IBDP Y1)

Until next time